



The Crier

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August/September 2009

Pediatric Medic First Aid/CPR Class for FY 2010

Stacey Farmer will present Pediatric Medic First Aid/CPR on September 22, 2009. The class will be held at the Frontier Childcare Center, 3021 78th Street, from 6:00 p.m. until 10:00 p.m. in Norway. This training is being offered to individuals who will learn basic care skills in first-aid, CPR and obstructed airway for infants, children and adults. This course meets OSHA requirements for day care and preschool workers. Two-year recommended renewal. Space is limited to fifteen participants and will be filled on a first-come first-served basis. We encourage you to attend this class for certification as there will be only **four** First Aid/CPR classes offer this fiscal year. Other classes are scheduled to be held in Vinton in January and March as well as one in Blairstown in May.

Welcome To School Age Care Workshop

CCR&R and the Iowa School Age Alliance (I SACA) have combined their resources to create an exciting new curriculum designed specifically for professionals working with school-age children.

The course is a free 10-hour series, presented in two Saturdays, offered to both centers and family child care homes.

Brenda O'Halloran will be the instructor. Please plan to attend both sessions which include:

- Your role as a school age professional—professionalism, appearance, confidentiality, attitude
- We all work together—in a word, "communication"
- How do we manage? Behavior management and guidance, inclusion
- Here's to your health—positive and healthy attitudes and behaviors
- Plan to be busy—the school age environment, activities, lesson planning and resources

Welcome to School Age Care will be offered in Benton County:

Dates: September 19 and September 26, 2009

Location: Farmers Savings Bank

401 B Ave, Vinton, IA

Time: 8:30 am-3:00 pm (9/19) and 8:30 am-12:30 pm (9/26)

A light snack will be provided, please plan to bring your own beverage.

Registration: Call Ashley at 319/739-1556 or 800/233-0054 by September 14th.

Registration Information

To register for these classes call the HACAP office at (319) 739-1556 or (800) 233-0054. Tuition will be paid for by Empowerment funds for all childcare providers, preschool and Kindergarten teachers in Benton County.



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Helping our children to enter school happy, healthy and ready to learn.

Reminder: Call our office no later than August 15th with any childcare openings you have available. We will list them in our next parent newsletter.

Cut It Out!—Balloon Spaceship

Materials:

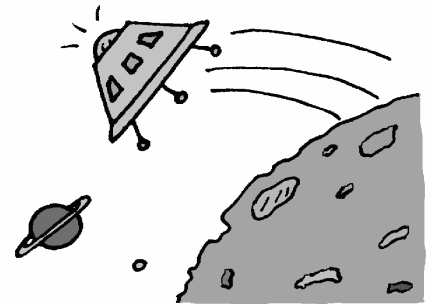
- Balloons
- Styrofoam Cups
- Crayons
- Tissue Paper Strips (Optional)
- Tape (Optional)

To Make:

Give each child one balloon, one Styrofoam cup and some crayons.

Let the children decorate their cups for a trip to the moon. Tissue streamers can be taped on for an added effect.

Insert the balloon in the cup and inflate. Remove finger and the spaceship will blast off.



Cooking With Kids—Watermelon Surprise

Enjoy hot summer days with a refreshingly different slice of watermelon.

Ingredients:

9-10 lb. Melon

2 qts. Raspberry Sherbet

Semisweet Chocolate Chips

Directions:

Cut the watermelon in half lengthwise and scoop out all the melon. Save the fruit for later. Drain the hollow melon halves for approximately 30 minutes. Fill with raspberry sherbet. Alternately add semi-sweet chocolate chips as you go. When you fill the melon half, arrange chocolate chips on top to resemble seeds. Smooth the top with a long flat-bladed knife to press the chips firmly into the sherbet. Re-freeze and serve. Serves 12.

