



# The Crier

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## Nurse Consultant To Serve Benton County Providers

Benton County has a Child Care Nurse Consultant—Jean Randolph RN—to help area preschools, centers and home child care providers with their health and safety concerns.

You can contact the nurse consultant whenever you have questions about:

- Health and safety in child care
- Illness and exclusion policy
- Child growth and development

- Nutrition
- Immunization requirements
- Medication policy
- Children with special needs
- Best Practice Standards
- QRS health and safety assessments

With the growing concern of reducing the spread of germs in child care, your child care nurse consultant will visit preschool or young school age groups and do a fun and educational hand washing activity with them.

Please contact the nurse consultant if you are interested in scheduling this half hour activity.

Jean is always willing to make visits to providers and will be doing approved trainings in Benton

County. She can be reached by phone at 319/739-0029 or e-mail: [jrandolph@hacap.org](mailto:jrandolph@hacap.org).



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## Mandatory Reporter Workshop To Be Offered

CCR&R is sponsoring Universal Precautions and Mandatory Child Abuse Reporter Training through the Iowa Communications Network (ICN). Registration is required at least 5 business days in advance. Registration fees (\$5 per person) are not refundable. Pre-registration and pre-payment is required. Contact Ashley at 319/739-1556 or 800/233-0054 for locations and dates in Benton County.

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## In Home Consultant Opportunities

I would like to introduce myself. My name is Stacey Farmer and I am the Child Care Home Consultant for Benton County. I have been with HACAP for 3 years and have 5 children at home. I provided child care in my home as a registered provider for many years.

My role as your home consultant is to assist with compliance for registered and non-registered providers. I help registered provider's to

assure compliance in DHS regulations as well as assisting non-registered providers. I can also help with any technical assistance questions that you may have regarding your business. I can help with questions about CACFP, QRS or just starting your business.

An opportunity that I am really excited about is distributing the story tubs to home providers.

Story tubs are a great way to add new materials for your program and to rotate them monthly with no cost to you. Each story sack is in a bag and can be sent home with children to share with their family. If you are interested in having a story tub give me a call and I will bring one to your home.

If you are interested in a home visit or have questions feel free to call me at 319-472-4761.



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Helping our children to enter school happy, healthy and ready to learn.

**Reminder:** Call our office no later than October 15th with any childcare openings you have available. We will list them in our next parent newsletter.

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## Cut It Out!—Gold Leaf Necklace

### Materials Needed:

- ◆ Clear contact paper
- ◆ Gold spray paint
- ◆ Real leaves
- ◆ Newspaper
- ◆ Yarn
- ◆ Hole punch



### To Make:

Take a leaf hunting walk and have your child choose one very special leaf from the gathering. Press it between book pages for a couple of days to flatten, then spray paint them on newspaper, using gold spray paint. Laminate the gold leaf, punch a hole in the stem end and have your child thread yarn through it.

Share some of the following books about autumn with your child.

Fall Harvest, Gail Saunders-Smith  
Fresh Fall Leaves, Betsey Franco  
Possum's Harvest Moon, Anne Hunter  
When Autumn Comes, Robert Maass  
Fall Leaves Fall, Zoe Hall  
How Leaves Change, Sylvia Johnson  
I Found a Leaf, Sharon Lerner  
Leaves, Fulvio Testa

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## Cooking With Kids—Great Pumpkin Cookie

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|----------------------------|----------------------|
| 2 c. flour                 | 1 c. quick oatmeal   |
| 1 t. baking powder         | 1 t. cinnamon        |
| 1/2 t. salt                | 1 c. oleo, softened  |
| 1 c. brown sugar           | 1 c. sugar           |
| 1 egg, slightly beaten     | 1 t. vanilla         |
| 1 c. pumpkin<br>candy corn | 1 c. chocolate chips |



Preheat oven to 350°. Combine flour, oatmeal, soda, cinnamon and salt. Cream butter, gradually adding sugars, beating until light and fluffy. Add egg and vanilla; mix well. Alternate additions of dry ingredients and pumpkin, mixing well after each addition. Stir in morsels. For each cookie, drop 1/4 cup dough onto lightly greased cookie sheet; spread into pumpkin shape, using a thin spatula. Add a bit more dough to form stem. Bake 20-30 minutes. Remove from heat making a face on cookie with candy corn. Put back in oven for one to two minutes. Remove from cookie sheet and cool. Makes 20 cookies.